MASTER JOHN W. ELLIS IV ANANDA MARTIAL ARTS & FITNESS ACADEMY Martial Arts for Life Safety · Health · Wisdom AnandaMartialArts@gmail.com · (510) 682-4398 ANANDAMARTIALARTS.COM



AMAFA SCHEDULE 2025 HOLIDAY CLOSURES

Month/Date	2025 HOLIDAY CLOSURES
JANUARY 1–5	AMAFA Winter Break
JANUARY 18–20	Rev. Dr. Martin Luther King Jr. Day (Weekend)
FEBRUARY 17	President's Day
March 31	César Chávez Day
March 31 – April 6	Spring Break
May 24-26	Memorial Day (Weekend)
June 21	Juneteenth (Saturday)
JUNE 30 – JULY 31	AMAFA Summer Break
August 29 – September 1	Labor Day (Weekend)
Остовек 11–13	Columbus/Indigenous Peoples Day (Weekend)
Остовек 31	Halloween/Day of the Dead
November 11	Veteran's Day
November 24–30	Thanksgiving Week
DECEMBER 21 – JANUARY 3, 2026	AMAFA Winter Break

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2025 SCHEDULE
WEEKLY CLASSES

HOLIDAY CLOSURES & PERSONAL TIME OFF

Martial artists should temper their hard work with plenty of rest. AMAFA students train throughout the year, and so we encourage everyone to plan their recuperation during Holiday Closures and Personal Time Off. For example, AMAFA's intensive training week Shugyo Camp is planned right before the school's summer break. AMAFA teaches Safety, Health and Wisdom, and regular rest is a part of a healthy life plan.

HOLIDAY CLOSURES: AMAFA is closed during all U.S. federal holidays, as well as a few others. Note that some holidays are recognized on one day, and others during a weekend. Check the current Holiday schedule for details.

PERSONAL TIME OFF: Students should take personal time off for reasons that might include:

- **Illness**: Do NOT come to class if you are recovering from an illness. Stay home and rest well. If you come to class with visible symptoms, know that an instructor might ask you to leave.
- Injury: Healing requires extra sleep and rest. Let us know if you need extended time away.
- **School/Work**: At times, school or work projects require focused attention and time away from your regular life schedule. Use your martial arts training to help you meet big challenges.
- Religious/Community Activity: AMAFA does not close for individual religious holidays, but we encourage individuals to take time off to observe their religious events.
- **Vacation**: Again, AMAFA trains year-round, so we encourage students to take vacations to rest and bond with family and friends. Many AMAFA Holidays coincide with common family holidays.
- **Celebrations**: AMAFA also encourages students to take personal time off to participate in social events such as birthdays, graduations, weddings, anniversaries, and visiting family and friends.

Work hard. Have fun. Rest well.

-Master Ellis

